

# Curriculum Vitae

**Paul A. Wilson BDS, FDS.RCS, MB.ChB, FRCS(Ed), FRCS(Plast)**

## *Consultant Plastic, Reconstructive & Aesthetic Surgeon*

### **NHS Appointment**

**2010-2022 (2023 Bank)**

Consultant Plastic Surgeon  
North Bristol NHS Trust  
Southmead Hospital  
Dorian Way  
Bristol  
BS10 5NB

### **Private Practice**

Spire Hospital  
Durdham Down  
Bristol, BS6 6UT

Chesterfield Hospital  
3 Clifton Hill, Bristol  
BS8 1BN

Wood MediSpa  
Wood, Okehampton  
EX20 2LS

St. Joseph's Hospital,  
Harding Avenue, Malpas,  
Newport, NP20 6ZE.

### **Associations & Learned Societies**

GMC (4287993)  
BAAPS  
BMA  
BAPRAS  
Rhinoplasty Society Europe  
ISAPS

### **Indemnity**

Indemnity Plus / BAAPS

### **Qualifications**

BDS (Liverpool) 1988  
FDS.RCS (Lon) 1992  
MB ChB (Leic) 1996 FRCS  
(Edin) 2000  
FRCS (Plast) 2007

E: [dr.paul.wilson@gmail.com](mailto:dr.paul.wilson@gmail.com)

W: [www.paulwilsonaesthetics.co.uk](http://www.paulwilsonaesthetics.co.uk)

T: 07540764943

### **Primary Degree:**

Dentistry at Liverpool Dental Hospital. BDS 1988  
Post-graduate Education in Maxillofacial Surgery 1989-1993  
Post-graduate fellowship in Dentistry. FDS.RCS(Edin) 1992

### **Medical Degree:**

MB.ChB(Leic) 1996  
Post-graduate Education in Surgery FRCS(Edin) 1997-1999

### **Plastic Surgery Training : 1999-2008**

FRCS(Plast) 2007  
Fellowship in Plastic Surgery, Perth, WA 2008-2009

### **Consultant Posts**

Locum Consultant Plastic Surgeon Royal Devon & Exeter Hospital 2009  
Locum Consultant Plastic Surgeon Frenchay Hospital 2009-2010  
Substantive Consultant Post 2010 - 2018

### **Prizes**

1988 MDU Dental Elective Bursary  
1988 ICI prize for excellence in Oral Surgery and Medicine  
1992 Southwest regional Maxillo-facial Presentation Bursary  
1996 Merit in Surgery Finals University of Leicester Medical School

### **Management**

Company Director, Waterman's Bay Ltd (Company Number 10520151)  
Medical Advisory Committee Member, Bath Clinic 2014-2015  
Sarcoma lead clinician, North Bristol NHS Trust 2010-2018

### **Teaching and Training**

Teaching lead, North Bristol NHS Trust, 2010-2016  
BAAPS Educational Trainer and Course organiser  
Trainer of Fellows at Wood MediSpa  
Severn Institute courses for Educational Supervisors  
International: Ethiopian Training, head and neck surgery

### **Journal Reviewer**

Journal of Plastic, Reconstructive & Aesthetic Surgery (JPRAS) Journal  
of Injury, The Oschner Journal

## **Medico-legal memberships**

The Academy of Experts

The Medico-legal Society

## **-Medico-legal training**

-Bond Solon

-Excellence in Report Writing

-Civil Law & Procedure

-Courtroom Skills

-Cross Examination

-Discussion between experts(tbc)

-Clinical Negligence Essentials

## **Sarcoma Appointments**

2010-2018

Clinical Lead

MDT Lead

Chair Network SSG

## **NHS Practice**

Sarcoma/Soft tissue tumors

Reconstructive Surgery

Microsurgery

Head and Neck Surgery Facial

Reconstruction Thoracic

Reconstruction Facial

Reanimation

Skin Cancer

Trauma

## **Notable Achievements**

Established and developed  
sarcoma service 2010 North

Bristol NHS Trust

BAAPS Council

**Humanitarian Work** Annual

Facial Reconstruction (Noma)

Ethiopia with NGO Facing

Africa

## **Medico-Legal Expertise**

Experience since 2009, plus reports and court appearance during training

Personal Injury, Clinical Negligence and Fitness to Practice.

Court experience: Crown Court

Instruction work ratios between claimant and defendant reports 80:20

Several instructions per year from a variety of sources including independent  
solicitors and secondary care NHS Trusts

North Bristol NHS Trust medical reports

Police reports

## **Faculty Member & Chaired sessions**

Convener BAAPS Educational National Meeting 2015-2016

Convener and chair, British Sarcoma Group Conference 2017

BAAPS council member 2023

## **Presentations**

### **International**

2009 The Management of Mandibular Fractures WASPS, Perth, WA

2008 Basal Cell Carcinoma at the Site Of A Nasal Piercing. A

Literature Review and Case Report. Poster Presentation: XXXVI Bennial

World Congress of the International College of Súrgenos, Vienna, Italy 2004

Necrotizing Fasciitis and the Use of Hyperbaric Oxygen

Therapy: Poster Presentation: Sydney, Australia

2003 A Comprehensive, Non-Destructive Technique For

Prominent Ear Correction Athens, Greece

### **National**

2020 ECT for cutaneous sarcoma recurrence

2020 Nerve preservation in sarcomas with intermediate malignant potential

2020 Histopathological differences in liposarcoma survival and recurrence

2019 Aesthetic approach to anterior abdominal wall tumours. British

Sarcoma Group. A Emam, T Wright, TChapman, G Colavitti, P Wilson 2019

Multi-specialty surgical approach to the management of primary chest wall

tumours. A Emam, D West, T Wright, T Chapman, P Wilson

2017 Surgical approach to soft tissue sarcoma. British sarcoma grup  
conference, Bristol. Co-convener.

2016 Preventing Breast Implant associated infection. BAAPS Education 2008

Nasal Piercing: A Risk Factor for Basal Cell Carcinoma? BAPRAS 2007 The

Management of Sarcoma within a Regional Sarcoma

Service. National Sarcoma Meeting, Manchester

2006 Computer Aided Design for Soft Tissue Sarcoma. BAPRAS, RCS(Lon)

2006 Contrast Enhanced Duplex Sonography for Deep Inferior

Epigastric Perforator Planning. BMUS

2006 Contrast Enhanced Duplex Sonography for Deep Inferior Epigastric Perforator Planning. BAPRAS, RCS, London  
 2005 Contrast Enhanced Duplex Sonography for Deep Inferior Epigastric Perforator Planning. BAPRAS, RCS, London  
 2003 The Sub-Fascial Approach to Perforator Dissection in Deep Inferior Epigastric Perforator Harvest. BAPRAS, RCS, Lon  
 2002 Reconstruction of Sternal Defects Following Cardiothoracic Surgery. BAPRAS, RCS, London  
 2002 Necrotizing Fasciitis and the Use of Hyperbaric Oxygen Therapy BAPS, RCS, London  
 2002 The Derriford Pathway for Diagnosis and Management of Carpal Tunnel Syndrome. BAPS, RCS, London  
 2002 HOAF (Homodigital Overlapping Advancement Flap) Procedure for Fingertip Injuries. BAPS, RCS, London  
 2002 A Comprehensive, Non-Destructive Technique for Prominent Ear Correction. BAPS, London  
 2001 Digital Imaging in Pathology and Plastic Surgery. BAPS, RCS, London  
 2001 Transaxillary Breast Augmentation. BAPS, RCS, London  
 2001 Burns: An Interactive Web Site for Thermal Injuries BAPS, RCS, London (Live Demonstration)

### **Regional**

2013 Southwest Audit meeting: Masterclass in complex facial reconstruction  
 2012 Panel: Regional Head and Neck Reconstruction cadaveric course  
 2010 Bristol Sarcoma Study Day  
 2006 National Sarcoma Group Meeting, Bristol Oct'06 and Manchester Jan'07  
 2006 Sarcoma Audit: Southwest Cancer Intelligence Service,  
 2002 Sternal Wound Reconstruction Audit. Royal Devon & Exeter Hospital  
 1996 Maxillofacial Trauma Lectures. Coventry Emergency Department 1992  
 Alveolar Bone Grafting and Continuous Infusional Analgesic Technique  
 Royal Devon & Exeter Hospital (Prize)

### **Notable areas of publication:**

Soft tissue sarcoma  
 Head and Neck Surgery  
 Aesthetic Surgery

### **Textbooks**

Contribution to Stone CA (Ed). *The Evidence for Plastic Surgery*, TFM 2008 (ISBN 1-903378-50-8)  
 Contribution to *Key Topics in Oral and Maxillofacial Surgery*. Riden. (ISBN 1859960308)  
 Contribution to *Consent in Surgery: a Practical Guide*. Roba Khundkar et al. Publisher: Radcliffe Publishing Ltd; Aug 2010. (ISBN-10: 1846193664)

## **Clinical Research & Audit Publications**

*Liposarcoma Subtype Recurrence and Survival: A UK Regional Cohort Study.*  
Accepted to JPRAS Feb 2022.

*Facing Africa: Describing Noma in Ethiopia. Submitted to American Journal of Tropical Medicine and Hygiene. 2020. Alex Rickart, K Mizen, H Nishikawa, D Dunaway, G Merrick, Paul Wilson*

*Single Stage Variation of Myomucosal Lip Switch Flap for Secondary Reconstruction of Peri-Oral Defects. Submitted to PRS 2019. Alex Rickart, G Merrick, Paul Wilson*

*Medial Plantar Flap for Hand Reconstruction: A Systematic Literature Review and Its Application for Post-Sarcoma Excision.*  
Troisi L, Berner JE, West EV, Wilson P. *Ann Plast Surg.* 2019 Mar;82(3):337-343.

*UK guidelines for the management of soft tissue sarcomas. Adam Dangoor, Beatrice Seddon, Craig Gerrand, Robert Grimer, Jeremy Whelan, Ian Judson. Clin Sarcoma Res (2016) 6:20 [Paul Wilson Contributor]*

*Umbilical port site keloid extending through rectus sheath*  
June 2014. *European Journal of Plastic Surgery* 37(6):357-358  
Guirgis Awad Paul Wilson

*Patient with giant upper limb melanoma presenting to a UK plastic surgery unit: differentials and experience of management*  
Honeyman CS, Wilson P. *BMJ Case Rep* 2016

*Follow up of low grade sarcoma: the role of chest X-rays.*  
JPRAS 2014 Jun; ;67(6):882-4  
O'Neill JK, Gregory, McArdle, Taha, Millman, Bradley, Wilson P

*Total ear replantation using the distal radial artery perforator. W Wong, P Wilson, J Savundra. Journal of plastic reconstructive aesthetic surgery. JPRAS (2011). Volume: 64, Issue: 5, Pages: 677-679*

*A modified bowel clamp technique for ischemic preconditioning. J. Ha, P.A. Wilson. The Ochsner Journal. Vol 9(2): 63-64 (2009)*

*Surgical Simulation in Plastic Surgery. P.A. Wilson, N. Rhodes, S.J. Southern. British Journal of Plastic Surgery. 2001 Vol 54, No. 6, p 560-61*

*The The Flexor Tendon Repair Simulator. N. Rhodes, P.A. Wilson, S.J. Southern. British Journal of Plastic Surgery. 2001 Vol 54, No. 4, p 373-4e*

*Pain Relief Following Iliac Crest Bone Harvesting. P.A. Wilson. British Journal of Oral and Maxillofacial Surgery. 1995 Vol 33, No. 4, p 242-3*

*Split thickness skin graft removal from free flaps: indications and technique.* J. Ha, P.A. Wilson, J. Savundra. *Techniques in Hand and Upper Extremity Surgery*. Accepted October 2009

*Computer Aided Surgical Planning in the Treatment of Soft Tissue Sarcoma* J. Seaward, P.A. Wilson, C.A. Stone. *Journal Plastic, Reconstructive and Aesthetic Surgery*. Accepted 2009

*A Simple Technique for Wire Tensioning.* R. Khundkar, P.A. Wilson. *J Hand Surgery: Eur Vol. Aug 34(4): 539-40. 2009*

*Basal Cell Carcinoma at the Site of a Nasal Piercing.* R. Khundkar, P.A. Wilson. *J Plast Reconstr Aesthet Surg.* 2010 Feb;63(2):153-4

*A simple nasal-packing technique for minor nasal surgery which reduces pain associated with removal of packs: a surgical technique.* *J Plast Reconstr Aesthet Surg.* 2010 Jan;63(1):e84. Epub 2009

*A Cautionary Tale.* R. Khundkar, P.A. Wilson, U.M. Khan. *J Plast Reconstr Aesthet Surg.* 2009 Feb;62(2):253. Epub 2008

*Post-Operative 'Samosa' Dressing for Carpal Tunnel Release.* R. Khundkar, P.A. Wilson. *Journal of Plastic, Reconstructive and Aesthetic Surgery.* Vol 62, issue 1, 147-148

*Flag Dressings for Paediatric Upper Limb Surgery.* C. Mills, P.A. Wilson. *Techniques in Hand and Upper Extremity Surgery.* 2008 March, 12(1): 65-66

*High-Pressure Paint Injection Injuries of the Hand.* C. Mills, P.A. Wilson, T.J Watts, H. Manushakian. *Injury Extra.* 2007. 38; 298-300

*Delayed Brachial Plexopathy in Clavicular Fracture with Tri-Cord Neuropraxia and Complete Recovery.* T. Chapman, N. Harris, M. Rogers, P.A. Wilson, J. McDiarmid. *European Journal of Plastic Surgery.* 2007. 29:295-297

*The Prone Position in Otoplasty.* P.A. Wilson, H. Manushakian, BA DeSouza, DA McGrouther. *Journal of Plastic and Reconstructive Surgery.* 2005 Mar, 115(3): 963-4

*Routine Histological Examination of the Mastectomy Scar at the Time of Breast Reconstruction.* G. Zambacos, P.A. Wilson. Rob Morris. *British Journal of Plastic Surgery.* 2005 Jan, 58(1): 122

*The Interaction of Leeches; A Clinical Observation.* P.A. Wilson, H. Manushakian. *Journal of Plastic and Reconstructive Surgery.* 111(4): 1579, April 1, 2003

*The Use of Image-Editing Software in Plastic Surgery Teaching.* N. Rhodes, P.A. Wilson. *British Journal of Plastic Surgery.* 2002 Oct; 55(7): 594

## **NHS Posts**

*Head and Neck Reconstructive Surgeon  
Soft tissue sarcoma & Reconstruction*

## **Current Post**

*Plastic and Aesthetic Surgeon*

## **Head and Neck Surgery**

*My head and neck interests include parotidectomy and neck dissection for head and neck cancer, major head and neck tumour excision with skull base surgeons and microvascular head and neck reconstruction following head and neck excision. 10% of sarcoma tumours involve head and neck surgery.*

*I also perform nasal reconstructions following cancer excision and treat facial palsy in adults. As part of my facial palsy practice, I perform unilateral facelift procedures with static sling, blepharoplasty, brow lift and gold weight insertion.*

## **Soft tissue sarcoma & Reconstruction**

*I am the lead clinician for the adult soft tissue sarcoma service for the West of England. We treat all patients with soft tissue sarcomas including head and neck sarcoma and micro-vascular reconstruction. I also manage patients with chest wall sarcoma with large rib resections and reconstruction, abdominal wall tumours, and breast sarcoma.*

## **Aesthetic Surgery**

*My aesthetic practice includes facial surgery, breast aesthetic surgery and body procedures. My clinic also provides non-surgical procedures. My special interest is **rhinoplasty**.*

**Aesthetic operations performed include the following:**

**Face:** Facelift, necklift, rhinoplasty, blepharoplasty, otoplasty, hairline lowering foreheadplasty, lip lift, revision procedures.

**Breast:** breast augmentation, uplift, reduction, augmentation mastopexy, gynaecomastia reduction, revision procedures.

**Body:** abdominoplasty, liposuction, thigh lift, lower body lift, brachioplasty. revision procedures.

**Nose:** rhinoplasty - open and closed, revision procedures.

## **Facial Surgery in Africa**

## **Humanitarian work**

*For the past 6 years, I have traveled to Ethiopia to treat afflicted patients with the condition Noma, a necrotising facial infection resulting in soft tissue destruction and loss. This is with the non-government organisation 'Facing Africa'. This involves resection and reconstruction of large facial defects for functional and aesthetic purposes. Sub-mental artery flaps and microvascular free flaps are used for reconstruction. We also treat patients with leprosy who need total nasal reconstructions, facial tumours and hyena bites.*

## **Rhinoplasty Experience**

*I am also a qualified dentist with several years of maxillo-facial experience managing patients with fractured noses and performing rhinoplasty for post-traumatic noses. During my plastic surgery residency, I assisted many aesthetic rhinoplasty cases. As a fellow in Perth, Australia and in my current NHS role as a facial plastic surgery consultant, I perform many post-traumatic rhinoplasties and reconstruct noses following cancer excision. In my aesthetic surgery practice I perform up to 4 cosmetic rhinoplasties per week. In my role as volunteer facial plastic surgeon in Addis Ababa, I perform total nasal reconstructions for patients with noma and leprosy. In the NHS I perform total nasal reconstruction following mid-facial cancer excision.*

### **Relevant courses and conferences:**

*Bergamo rhinoplasty conference 2014*

*Advanced Mini-fellowship in Revision Rhino-septoplasty with Enrico Robotti 2015*

*Stuttgart rhinoplasty course 2012, 2013, 2018*

*Dallas rhinoplasty course 2008*

*Hosted BAAPS facial aesthetic surgery study day 2016, inc. rhinoplasty*

*Visited Per Heden, AK Clinic, Sweden 2016 as an observer.*

*Annual BAAPS conference, UK.*

*Preservation Rhinoplasty conference Rome 2019*

*Facial aesthetic surgery masterclass (CCR/ISAAPS) 2019*

*Preservation Rhinoplasty conference Nice 2020, 2023*

*Structural/preservation rhinoplasty conference, Istanbul 2023*

## **Aesthetic Experience**

*I was lucky enough to conduct my plastic surgery residency throughout the golden era of aesthetic surgery training within the NHS. From breast reductions and augmentations to rhinoplasty, blepharoplasty and abdominoplasty, these procedures were commonplace and ideal registrar training operations under the supervision of aesthetic masters. My fellowship in Perth, Australia afforded me further aesthetic surgery training mainly in breast surgery and rhinoplasty. As a Consultant in the NHS I still perform occasional breast reductions, abdominoplasty and post-traumatic rhinoplasty, in this commissioned era. I have been in private cosmetic surgery practice since 2010. My practice has grown to a busy service run from my Bristol private clinic. We offer a wide range of facial, breast and body procedures. We pride ourselves in offering a bespoke, personal high quality service without exception. This is on the backbone of my facial plastic surgery training and experience as a head and neck reconstructive surgeon. I participate in regular audit of my practice and publish my data annually on the BAAPS database.*

*We also convene a regular local aesthetic MDT and audit group to monitor our practice and maintain high standards.*

*With over fourteen years experience of aesthetic surgery, I now regularly see patients for second opinions and revision surgery.*

*I am a member of the following aesthetic organisations: British Association of Aesthetic Plastic Surgeons(BAAPS), British association of Plastic, Reconstructive and Aesthetic Surgeons(BAPRAS), American Society of Plastic Surgeons(ASPS) and the Rhinoplasty Society of Europe(RSE).*

*Frequently attended meetings include BAAPS, BAPRAS, Stuttgart Rhinoplasty Meeting and Botti Aesthetic meeting in Salo, Italy.*

